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# What Lifts You: Uplifting Designs To Color & Create



## Synopsis

Step into the world of Kelsey Montague in this coloring book. Famed for blending street art and social media, Kelsey Montague creates wild and whimsical large-scale murals that beg passersby to step into them, become part of the art and share it with the world with what lifts you. Now Kelsey's exquisite works are at your fingertips to entice and engage you with their beauty and positivity. Printed on luxe paper, these are intricate and inspiring images you'll want to linger over and lavish color upon. You'll want to cut them out, frame them, create one-of-a-kind decor from them. Each illustration in this coloring book is designed to remind you to consider what inspires you and to always keep the answers close to your heart.

## Book Information

Paperback: 96 pages

Publisher: Harlequin; Clr Csm edition (February 23, 2016)

Language: English

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Product Dimensions: 9.3 x 0.4 x 9.5 inches

Shipping Weight: 3.2 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars See all reviews (19 customer reviews)

Best Sellers Rank: #92,317 in Books (See Top 100 in Books) #9 in Books > Arts & Photography > Other Media > Graffiti & Street Art #110 in Books > Self-Help > Art Therapy & Relaxation #114 in Books > Humor & Entertainment > Puzzles & Games > Logic & Brain Teasers

## Customer Reviews

Absolutely gorgeous coloring book, filled with unique images and inspirational pieces. Kelsey's interactive style comes out through an entire section of art that can be taken out of the book and used interactively- your own set of wings? Priceless! I can't wait to see Kelsey's next set of books, and where she'll take us!

This is the best coloring book I have found! I have purchased other books, and liked them. But decided to purchase this book after seeing Kelsey Montague's wings mural in Nashville. I was so pleased when I leafed through all of the pages. I like to color in the other book I have, but when I look at this book, I just want to dive in! I think the designs in this book are way more artistic and pleasing to the eye. I am so excited to have found it! I bought one for me and one for my friend who

will celebrate her birthday tomorrow!

Gah I love this book! I'm a big fan of Kelsey so was excited for this anyway, but when it arrives it really blew my expectations out of the water. So beautiful. This is a really high quality book compared to other coloring books, including other adult coloring books. The cover is durable and it's made using really high quality paper. Probably my favorite thing (after the art) is that the almost square pages are perforated for easy tearing out - roughly 9x9. I'm planning to get some 12x12 record frames, mat my favorites and hang them in my apartment! Awesome for yourself, even better as a gift! Will be ordering more!

Gave this book to an older niece for her birthday and she absolutely loved it! What a great addition this was since we both discovered this artist when we were wandering around Nashville, Tennessee and found her work on a wall. The book is a great conversation piece, but cool since my niece probably would do some coloring in it as well!

Originally reviewed for YA Books Central:[...]From the international street artist whose single piece of interactive artwork sparked a global campaign, this heartening and hopeful coloring book strives to be as motivating as it is lovely. In the first few pages the author/artist, Montague, goes into detail about the origins of her upbeat #whatliftsyou campaign "its origins and progress since first conceived in 2014" and essentially issues a call to action, inviting users to join in the communal creativity and share their own experiences. But beyond the initial introduction and glowing acknowledgements, the book becomes all about you the user and your unique, expressive interpretations. What Lifts You is made up of 96 pages worth of intricate, organic designs meant to inspire creativity and elevate the human spirit. Wings and concepts of flight feature heavily (and fittingly, considering the original bit of graffiti art that started this entire concept was a large scale set of angel wings.) The book also has a section of colorable works titled "Share Your Dreams," which include questions for users to ask of themselves regarding their health, emotions, celebrations, and inspirations. Additional personalization options include a "What's Missing?" section that encourages you to finish each individual drawing in your own way, and a 3D art section that urges you to cut out the piece and take it out into the world with you. For those riding the wave of adult coloring books, this is an option well worth checking out. I would particularly recommend it for existing artists of all kinds "if you happen to be in need of a creative exercise.

I just thought I'd share some examples of pictures in the book! I love this coloring book. Paper quality is great and lines on pictures are thick enough that if you make a slight mistake, it'll still look nice. I've already bought two :)

Loving my new coloring books! I am not a particularly creative person but this is a wonderful creative outlet for me, regardless, and a great de-stressor. I have a 5 year old daughter who helped me rediscover how fun it can be to color, and now I can stop taking her books ;) I gave a few away as gifts and they were received with great delight, especially given this author's accomplishments.

Love it. The drawings are complex, but not maddeningly so--you can finish one with a glass of wine or two :-) really really pretty, and it's interactive--you can remove some of the pages and use them for things like flower crowns and picture frames. I've already given away two other copies as gifts.

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